the PULSE
BOSTON, MASS. APRIL, 1961
NEW ENGLAND DEACONESS HOSPITAL

HUBERT D. SYCAMORE

Mr. Slayton, Sycamore Named To New Posts

The appointments of John F. Slayton as night administrator and Hubert D. Sycamore as administrative assistant, both effective June 1, have been announced by Francis W. Capper, president of the Corporation.

Mr. Slayton is presently the administrative assistant, a position he has held since 1955. Mr. Sycamore has been an administrative resident since July 1, 1960.

Mr. Sycamore was born in Boston but moved to Hanover, N. H. when he was four years old. His father, Dr. L. K. Sycamore, is chief of radiology at the Mary Hitchcock Memorial Hospital in Hanover.

The new administrative assistant is a graduate of Kimball Union Academy and the University of New Hampshire. He interrupted his college courses to serve in the hospital corps of the U. S. Navy, serving two years in Portsmouth, Va., and two years with the Second Marine Division in Japan.

He returned to get his degree in 1958. He was captain of the college tennis team.

After graduation he was the assistant manager of Bonnie Oaks Inn, a 300-guest Summer resort in Vermont for a year. He then entered the University of Michigan in the Program in Hospital Administration, and upon completion of his residency at the Deaconess will receive his Master's Degree in Hospital Administration.

Among his hobbies are skiing and photography.

He is married and has two children, Deborah, 2½ and Elizabeth, 1½.

John Slayton, a World War II Marine Corps veteran, is a native of Melrose. He attended Kimball Union Academy, Babson Institute and Boston University. He was formerly employed at Newton-Wellesley Hospital.

FRIENDS' NIGHT AT POPS TO AID SCHOLARSHIP FUND

Friends of the Deaconess will provide another traditional night at the Pops on Friday, May 12, providing enjoyment for those who attend while raising funds to finance scholarships for student nurses.

Chairman of arrangements is Miss Dorothy Seccomb. She is assisted by Mrs. John Hill, Mrs. H. Bigelow Emerson and Mrs. Edgar C. Lane, Jr., president of the Friends.

Mail orders for tickets for the Boston Pops concert will be accepted at the Friends of the Deaconess office on Baker I.

Tickets will be on sale in Central lobby on April 17, 21, and 28 in the afternoons, and the 24th all day.

Either tables or single seats are available for this annual event. Table prices are $20, $17.50 and $15. Single seats are $3 and $3.50.

Be sure to order your tickets early.

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FRIENDS NOTES — In May the board of directors of the Friends will gather at the Country Club, Brookline, for an annual luncheon.

Mrs. Roger Preston and Mrs. Kenneth Warren have been welcomed as new Friends of the Deaconess Board members.

The Friends' Beauty Shop on Baker Roof is making rapid progress. In case you haven't tried it — please do.

The office formerly occupied by the secretary for Volunteer Service on Baker I is now the headquarters of the Friends. Patricia Ryan is the newly installed secretary.

NEDH TO EXHIBIT AT HEALTH FAIR

New England Deaconess Hospital will enter an exhibit on one aspect of cancer detection and diagnosis at the Health and Fitness Fair to be presented by the United Fund of Greater Boston at the Commonwealth Armory, May 5-7.

Charles Spalding, Egilda Witherell, and Russell Cowing of the NEDH Cancer Research Institute have designed and built the display for the fair — the largest and most comprehensive fair of its type ever staged in Boston.

Our exhibit will be a pictorial and graphical description of the use of radioactive iodine for the diagnosis of both normal and abnormal thyroid function. A model of a person will be used and an I-131 atom (radioactive iodine) and a scintillation counter for detecting deposits of radioactive iodine in the body will be demonstrated.

The main objective of the Deaconess exhibit, and exhibits of other hospitals and organizations, will be to show the public that the threat cancer poses in our lives is not as overwhelming as it once was, due to the many recent advances in cancer diagnosis and treatment.

HIGH CENSUS RECORD ACHIEVED IN MARCH

The highest average census for one month in the history of the Deaconess Hospital was realized in March.

With the average daily census of 338 patients, all departments had a capacity workload.

CAPPING CEREMONY — Joan Randle, associate director of the School of Nursing, left, presents class as Director Ellen Howland places cap on head of student Alice MacDonald. Front, left to right, holding candles are Ann Chappell, Jean Holden, Catherine Cashman, Patricia Hussey, Constance Stevenson and Mary Bradley.

60 STUDENT NURSES AWARDED CAPS

Sixty members of the class of 1963 received their coveted caps — visible evidence that they had successfully completed their first six months as student nurses — at ceremonies in Joslin Auditorium on March 29.

Linda Abbott, Mary Bradley, Jean Holden, Ellen Pride and Carolyn Snape received honorable mention for scholastic achievement.

R. D. Lowry, executive director of the hospital, addressed the student nurses after the invocation by Chaplain Rudolph Samuelson. The presentation of the class was made by Joan Randle, associate director of the School of Nursing. Director Ellen Howland greeted the class.

A reception for the students and their guests was held in the cafeteria after the candlelight capping ceremony.

Engagements

Adolf Hassenruck, resident physician, to Margrit Marbet of Switzerland, on April 8.

Arlene Kielbasa, former staff nurse, to Joseph F. Hayes of Salem, in March.

Janet Ruth Best, class of 1960, to Loring Hammond of Hanson, on March 26.

Anne MacDonald, staff nurse, to Victor MacNeil on April 8.

Weddings

Verna Milliken, medical record room, to Thomas Cahill of Johnstown, Pennsylvania.

Lynn Bellemer, laboratory technician trainee to William R. Parkinson of Lincoln.

Joan Benton, laboratory technician, to Dale Hanson of Minnesota.

Rose Baron, recovery room supervisor, to Gordon Keller of Fitchburg.

NEW ENGLAND DEACONESS HOSPITAL BOWLING LEAGUE

DIVISION A — 836 PTS.

Team No.		Total Pinfall Incld. Handicap	Pts.
3	W. Emery	39686	153
5	C. Schraub	39634	152
1	C. Fisher	39430	149
4	D. Sabine	39279	144
2	R. D. Lowry	37894	96
6	B. Flatley	37466	73
7	F. McCarthy	34736	67

High Singles for the Year

R. Hart	138
P. Tinkham	114

High 3-String for the Year

P. Arrigo	358
C. Lowry	292

High Average for the Year

R. Hart	104
C. Lowry	85

DIVISION B — 676 PTS.

Team No.		Total Pinfall Incld. Handicap	Pts.
11	W. Sprague	38556	127
9	C. Spalding	38346	104
14	J. Healy	38072	101
10	M. Nelson	37956	98
13	D. Carmichael	37688	90
12	J. Mazza	35205	84
8	E. Murphy	35877	72

High Singles for the Year

B. Hill	126
S. Meek	120

High 3-String for the Year

B. Hill	322
S. Meek	308

High Average for the Year

B. Hill	92
S. Meek	90
F. Course	90

CREDIT UNION OFFERS LOANS

Alpha Credit Union has processed its first automobile loans and is now ready to serve any of its members who are buying new cars this Spring.

Rates compare favorably with the best bank rates, and loans can be made up to 75 per cent of the new car cost (but not to exceed $2,000). They can extend for periods up to 30 months.

The next dividend will be paid on all accounts remaining on the books until April 30. Secured loans in anticipation of dividends can be made at 1 per cent in excess of the last dividend which was 3½ per cent.

And Alpha is looking forward to helping members obtain a real vacation this Summer.

The Alpha Credit Union will be pleased to discuss your needs with you and help make this Summer's vacation one you will never forget.

NEDH PARTICIPATES IN HOSPITAL ASSEMBLY

Deaconess Hospital personnel played a prominent role at the New England Hospital Assembly held in March at the Hotel Statler Hilton.

Associate Director Wesley Sprague was moderator of a panel discussion on public relations. The program reviewed patient-public impressions and suggested possible methods and material for strengthening public understanding.

Executive Director R. D. Lowry served as chairman of a session on standardization of products and procedures, showing that best results can be obtained when all departments participate in the control of costs of both materials and procedures.

The participants were members of the Deaconess Hospital Standardization Committee: Ruth Pendleton, R.N.; John L. Rowbotham, M.D.; Mr. Sprague, Margery Pond, R.N.; Florence McCarthy, R.N.; Clifford Fisher, Nancy Newman and Walter C. Emery.

Milton B. Nelson, credit manager spoke on "Collecting the Hospital Dollar." Dr. Bradley E. Copeland discussed "Quality Control in Medical Technology."

Dr. John L. Rowbotham spoke for the physician at a session on the changing patterns in patient care and Walter C. Emery, at a program on linen maintenance and laundry, discussed the responsibilities of the laundry manager, modern trends and new techniques.

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APRIL, 1961
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Associate Editor: CAROL PATTERSON

MRS. COOK APPOINTED TO PATIENT RELATIONS

Mrs. Warren Cook has been appointed Administrative Assistant in the field of Patient Relations, and will be available to assist patients and their families during the period of hospitalization.

The need for such service is acute at the Deaconess because of the number of patients who come great distances for treatment from our highly specialized staff.

Mrs. Cook will continue as Director of Volunteer Services for the hospital but the duties of the Volunteer Office will be largely taken over by Miss Patricia Ryan who is the newly appointed Secretary for the Friends of the Deaconess.

Margaret Hurst, class of 1961, was nominated by the nursing student body as the Deaconess Hospital's representative in the National Student Nurse of the Year contest.

Nancy Sawyer McNeese, class of 1960, and her husband Paul, became parents of a baby boy, Terrence Peter, on March 15.

Blanche McCarthy, Housekeeping, is convalescing at home following surgery at the Deaconess.

Mildred Munn, Central III head nurse, has recently returned from a three-week vacation in Miami.

Phyllis Giardini, Patricia Gleason, and Judith Brazier, staff nurses, start on a three-month trip to Europe on April 14.

Our sympathy to Joan Ellis, staff nurse, whose mother died at the Deaconess on April 4.

Peter Gruner, medical resident, has returned from his home in Montreal where he was convalescing from injuries sustained in an automobile accident.

New Clinic Opens

The General Tumor Clinic of the New England Deaconess Hospital announced the opening of an Amputation Consultation Clinic in March.

It is the purpose of this clinic to undertake prescription of prosthesis for both lower and upper extremity amputees, examine both at the patient and the prosthesis at time of procurement of the limb and to advise patients and prosthestists regarding special prosthetic problems.

This new specialty clinic will be under the direction of Dr. Richard A. Mayo, and will be in operation on the morning of the first Friday of every month, from 10:00 to 11:00.

HERE . . .

AND THERE

Elizabeth Dunbar, Ann Gillett, Karin Nyberg, and Janet MacDuff, student nurses, attended the National Association of Student Nurses Convention in Cleveland from April 6 to 10. Ellen Howland, director of Nursing, and Elaine Call and Joan Kemmer, assistant head nurses, attended the National League of Nursing Convention immediately following the students' convention.

The operating room nurses held a party at the Charles Restaurant in honor of Rose Baron, Rosalie Kelly and Carol Lowry, who will soon be leaving that department.

Pat Davis, recovery room nurse, will vacation in Jacksonville, North Carolina, in April.

INTERPRETERS NEEDED

The hospital would appreciate having anyone associated with us who speaks a foreign language inform the Public Relations Department.

WIDE SELECTIONS OF BEST BOOKS AT 3 LIBRARIES

National Library Week, April 16-22, focuses attention on the excellent library facilities available at the Deaconess.

Open to all employees and patients is the library on Palmer 6. Mrs. Judith Dain, librarian, has added many new books, both fiction and non-fiction, to the wide selections already on the shelves. Many of these new books are listed below. Mrs. Dain and the Volunteers serve the patients by means of the Traveling Book Wagon.

The library of the School of Nursing in Harris Hall is open to all nursing personnel and student nurses for books, periodicals and reference service in nursing and related fields. Mrs. Beryl Paine is the librarian.

Horrax Memorial Medical Library on Deaconess I serves the medical staff, residents and others requiring books and periodicals in the medical field. Mrs. Janet Keany is librarian.

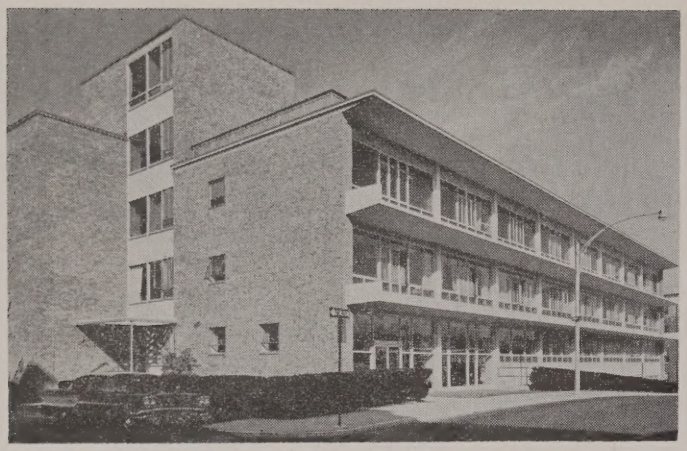
Books added to the Patients' Library

Fiction

Savage, Elizabeth	Summer of Pride
Keyes, F. P.	Chess Players
Creasey, John	Gideon's Fire
Bull, R. C. (ed.)	Great Tales of Mystery
Turnbull, A. S.	The Nightingale
Mills, R. P. (ed.)	A Decade of Fantasy and Science Fiction
Gordons, The	Operation Terror
Dern, P.	Rozalinda
Sneider, V.	King from Ashtabula
Davenport, Gwen	The Wax Foundation
Waltari, Mika	The Secret of the Kingdom
Gardner, E. S.	Case of the Spurious Spinster
Mason, F. Van Wyck	Manila Galleon
Stone, Irving	The Agony and the Esctasy
Coward, Noel	Pomp and Circumstance
Dos Passos, John	Midcentury
Burnford, Sheila	The Incredible Journey
Lee, Harper	To Kill a Mockingbird
Brand, Max	Trailin'
Godden, Rumer	China Court
Christopher, J.	The White Voyage
Dewey, Thomas	Hunter at Large
Ransome, Stephen	Some Must Watch

Non-Fiction

Connell, Brian	Return of the Tiger
Phillips, Harlan (ed.)	Felix Frankfurter Reminisces
Sergeant, Eliz.	Robert Frost; The Trial by Existence
Smithdas, Robert J.	Life at My Fingertips
Adamson, Joy	Born Free
De Camp, L. S.	The Heroic Age of American Invention
Du Maurier, Daphne	The Infernal of Branwell Bronte



HOSPITAL TEACHING UNIT of the New England Deaconess Hospital occupies the second floor of this building, owned by the Diabetes Foundation, Inc.

HOSPITAL TEACHING UNIT

The Hospital Teaching Unit of the New England Deaconess Hospital— designed to teach ambulatory diabetic patients of all ages how to live a full and almost normal life by proper handling of their disease — was opened in February, 1957.

Located in the ultramodern Diabetes Foundation Building on Joslin Road, the HTU was the first of its type in the world.

Its physicians, members of the Joslin Clinic and the Deaconess staff, have gained an international reputation for their work in diabetes, and accordingly patients travel from all corners of the world to the Hospital Teaching Unit.

Ambulatory diabetic patients receive a brief but vital education. They learn skills and information which can increase their life expectancy and help them avoid the medical pitfalls — the eye trouble and circulatory difficulties — associated with diabetes.

In the average stay of a week or less, patients learn the reasons for using insulin and the techniques of self-administration. Many older patients receive the new orally-administered insulin.

Patients are taught the preparation and determination of diet, the proper program of exercise and how to perform basic chemical tests.

Patients aren't the only "students" at HTU. Doctors, nurses, medical students, interns, dieticians and families of the patients learn how to serve better those afflicted with diabetes. Physicians who observe the patients, attend their classes, and associate with them in their day-by-day living and instruction "acquire a more practical knowledge of the treatment of diabetes than through didactic teaching," according to Dr. Elliott P. Joslin, president of the Diabetes Foundation, Inc., and former director and founder of the Joslin Clinic.

The HTU occupies the second floor of the Diabetes Foundation building under a lease agreement. The unit has private and semi-private rooms and four-bed wards, with a total capacity of 40 patients.

Within the unit are the patients' cafeteria, a dietary kitchen, laboratory and examining room.

One unique feature which has gained nationwide attention is the reduction of costs to ambulatory patients by allowing them to help themselves in many ways. Patients eat in the central cafeteria rather than requiring room service, and they do their own light housekeeping, such as making their beds and tidying their rooms.

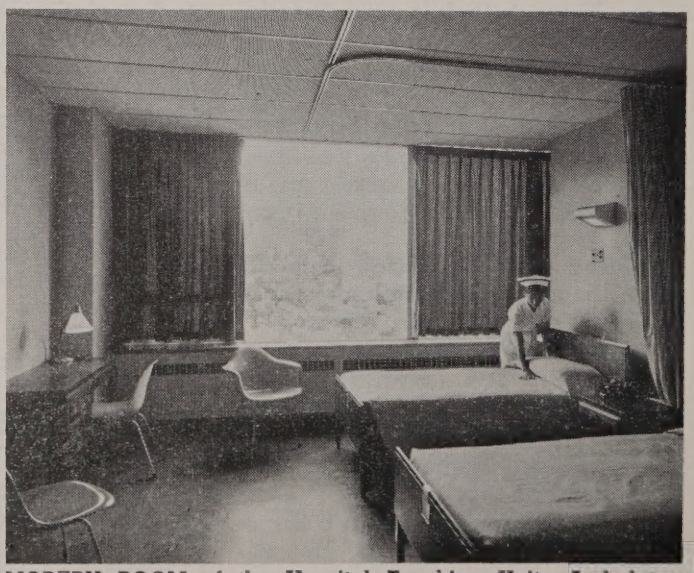
In the few years since the HTU's founding, patients have come from such distant points of the globe as India, Peru, Chile, Mexico and throughout Europe for treatment and the latest knowledge of how to live with their disease. The youngest patient admitted was 10 months old and the oldest have been well into their nineties.

Children under eight are accompanied by a parent who, during his or her stay with the child, learns how to care for the diabetic youngster until he is old enough to treat himself.

The unit is always occupied to capacity.

The motto carved in a wall of the HTU reads: "Learn as if you were to live forever; live as if you were to die tomorrow".

IMPORTANCE OF DIET is taught to patients in cafeteria of the Hospital Teaching Unit. Above, a physician supervises as patient measures proper amounts of food.



MODERN ROOM of the Hospital Teaching Unit. Ambulatory patients may make their own beds and help themselves in other ways, thus lowering costs below those of regular hospital room.